



Sun Safety Policy

Written by The Staff of Durand

March 2016

Agreed May 2016

Durand Primary School

Sun Safety Policy

At Durand Primary School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this.

Aims

The aim of this sun safety policy is to protect children and staff from skin damage caused by the effects of ultraviolet radiation from the sun. This health promotion programme will be more successful when an integrated whole school approach is adopted.

The main elements of this policy are:

- **Protection:** providing an environment that enables pupils and staff to stay safe in the sun.
- **Education:** learning about sun safety to increase knowledge and influence behaviour.
- **Partnership:** working with parents/carers, governors, our school health nurse and the wider community to reinforce awareness about sun safety and promote a healthy school.

This School believes in Sun Safety

To ensure that children and staff are protected from skin damage caused by the harmful ultra-violet rays in sunlight.

As part of the Sun Safety policy, our school will:

- at the beginning of the summer term send a letter to parents/carers explaining what the school is doing about sun protection and how they can help;
- educate children throughout the curriculum, when it is appropriate, about how to protect their skin;
- encourage children to wear clothes that provide good sun protection;
- when the sun is strong encourage pupils to sit/play in the shade where it is available;
- hold outdoor activities in areas of shade whenever possible, and encourage children to use shady areas during breaks, lunch-hours, sports and trips. Sunbathing is definitely discouraged;
- work towards increasing the provision of adequate shade for everybody;
- encourage staff and parents to act as good role models by practising sun safety;

- regularly remind children, staff and parents about sun safety through newsletters, posters, parents meetings, and activities for pupils;
- invite relevant professionals to advise the school on sun safety;
- make sure the Sun Safety Policy is working. We will regularly monitor our curriculum, assess shade provision, and review the sun safety behaviour of our young people and staff (use of hats, shade etc).

Suggestions to help cope with hot weather

- Pupils to wear hats / caps when outside.
- Pupils should wear sun cream to school and reapply themselves when required.
- Teachers should make a judgement as to the temperature of classrooms and make internal arrangements to teach in cooler areas where possible.
- Teachers should encourage pupils to drink water and ensure there are regular breaks for them to do so.
- Where possible, all doors and windows should be opened to provide a through breeze & classroom blinds should be drawn.
- Physical education lessons should be carefully planned to reduce sun exposure, unnecessary exertion and dehydration.
- Annual Sports' Day will be determined by preceding days' climate. Children will be seated in the shade under the trees.
- Pupils with Asthma, breathing difficulties or other relevant health conditions should be monitored during physical activities
- Parents/carers and children must be encouraged to follow these procedures at home
- Staff should also ensure they drink water regularly and take precautions against the high temperatures

Monitoring and Evaluation

We are aware of the need to monitor and update the school's sun safety policy on a regular basis. We will therefore monitor the effectiveness of this policy in two years, or earlier if necessary.

Headteacher:

Chair of Governors:

Date: